

Lesson 1: How drugs work

Which is the most commonly used drug in the UK?

Your definition of a psychoactive drug:

How many of these drugs can you name?

A.

F.

B.

G.

C.

H.

D.

I.

E.

So why do you think that people choose to use drugs?

Quiz on the Club Drugs Wheel:

- 1. What sorts of feelings are associated with stimulants?**
- 2. Give one example of an opioid.**
- 3. Which category of drug does Ketamine fall under?**

Lesson 1: How drugs work

4. Which category of drug is associated with overheating and dehydration?

5. Which category of drug does MDMA fall under?

The adverse effects of MDMA:

Notes from the interview with Rayyan

Research task: In your groups you are going to research Ketamine, MDMA and Cannabis further using the information sheets and then two groups will be picked at random to present their findings.



What makes taking drugs risky?

Lesson 1: How drugs work

Rayyan and Zoe speak about the risks in three areas:

1. **The drug** – what is it, how strong it is, what else is mixed with it (what it has been cut with), what effect it could have on you, and whether other substances or medication have been taken.
2. **The set (the person)** – their genes, their build, their mood at the time, their health (physical and mental), their sex, expectations, tolerance, what activity they are doing e.g. dancing.
3. **The setting (the place)** – is it crowded or deserted? Hot or cold? Are their friends looking out for them? Are there risks like busy roads, open water, open windows?

Jot down any questions you have from today's lesson:
